



Hello students,

As you approach the end of Module 3, I wanted to take a moment to give you the outline for the remaining classes in the Level I Ocean Speake course.

After this lesson, there is one more lesson left in Module 3, and it is quite ambitious. Class 41 will focus on the Chambered Nautilus and touch on DNA and sacred geometry.

Module 4 is comprised of 4 classes focused upon a variety of methods doing shell readings with plenty of opportunities to practice. Each class is very interactive. At the end of Module 4, there is the option to take a Level I certification exam. This is required for anyone thinking about advanced training in Level II. If you have any questions, please don't hesitate to ask away :-)

Many Seashell Blessings to you!

Love,  
Shell

## INDEPENDENT STUDY: Module 3, Class 40

Please note: The pictures and comments in the transcript and recording below have been gathered over many years and where possible, I attribute them to their original source. If anyone connected with these photographs or comments would like them removed, please notify me and I will be happy to comply.

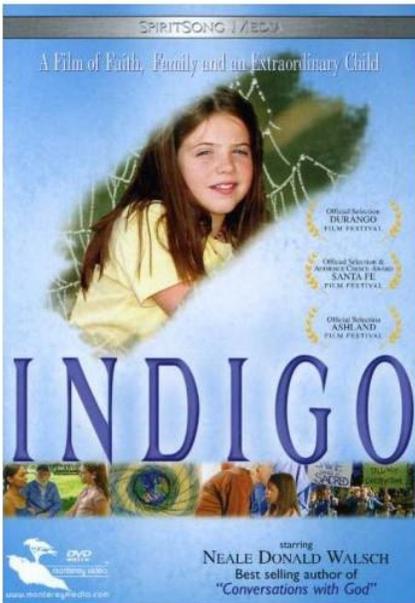
The recording for Class 40 is almost 26 minutes long.

Class 40: Shell # 199

There is only one new shell in this lesson, but it will take the entire class to share its information.

Now that we have studied the shells' connection to our chakras, I would like to tell you about another shell whose meaning expanded shortly after the arrival of the 12-hole Abalone.

This lesson in energy intensified when I had the pleasure of viewing the independent movie "*Indigo*". The opening scene shows childhood drawings of something resembling a spider's web or a huge net. This image triggered a memory in me that I had around fifteen years earlier, when I used to see a net made of light encompassing the entire sky. At first a curiosity, over many months this energy net evolved into something akin to a familiar friend.



In *Indigo* the movie, to my immense satisfaction, the mystery of this energy network was solved. The children refer to it as “the grid” and this is how they visit each other without physically being in each other’s presence.

<https://www.youtube.com/watch?v=M1WiCNHoIKo> start at 1:40-8:30 (Note: This portion is lifted from Part 4 of 6 sections on YouTube.) film clip from *Indigo* the movie. Links to all 6 are provided below.

(By the way, for any of you who have read *Conversations with God*, the author is Neale Donald Walsch. He is the actor playing the role of the grandfather you see in this video.)

[https://www.youtube.com/watch?v=BKS2DX9D\\_HQ](https://www.youtube.com/watch?v=BKS2DX9D_HQ) Indigo trailer

<http://www.youtube.com/watch?v=uMXaaWVzmKo> YouTube trailer for the movie *Conversations with God*.

For those of you who wish to see the entire *Indigo* movie, here are the links for Part1-6:

- <https://www.youtube.com/watch?v=sI4TqtQwpBI> Part 1
- <https://www.youtube.com/watch?v=w8MXbFioFts> Part 2
- <https://www.youtube.com/watch?v=E61d8ErEljY> Part 3
- <https://www.youtube.com/watch?v=M1WiCNHoIKo> Part 4
- [https://www.youtube.com/watch?v=eBy6QMgKL\\_M](https://www.youtube.com/watch?v=eBy6QMgKL_M) Part 5
- [https://www.youtube.com/watch?v=zFM84xsQ1\\_k](https://www.youtube.com/watch?v=zFM84xsQ1_k) Part 6

When I saw my first photograph of a **Bednalli Volute** shell I felt a similar emotion. It reminded me of my old friend, the energy network in the sky.



**Bednall's Volute**  
*Volutoconus bednalli*

As you can see in this picture, it has a creamy shell exterior covered with a dark brown web pattern. Every time I opened a new shell book at random, there to greet me was a beautiful picture of the Bednalli Volute. When this continued to occur, I decided that might be a hint to get my own.

I happened to be visiting my parents during their winter vacation in Sanibel Island, and was eager to visit the shell store where so much of my collection originated. I went with the intention of looking for the Bednall’s Volute. As good fortune would have it, the owner had two in the store. I discovered they were quite expensive, but the smaller one was affordable if I devoted my entire shell budget to that one shell. It was one of the last shells I bought before completing *Ocean Oracle*, and though I am pleased I was able to introduce it to others, I played it safe, barely suggesting the energy network.

In *Ocean Oracle*, shell #199 is described as meaning “*Networking and connections.*” I included this note: “*Networking involves partnering with others. Together, these connections form a whole that is greater than the sum of its parts. This shell refers to connections on many levels. It is about reaching out to others, joining forces, and discovering that even seemingly unrelated or distant things are connected.*”

After watching *Indigo*, I felt such wonder at the possibilities represented by this energy network. While I search for confirmation, seeking to completely trust the knowing, ironically, the *Indigo* movie informs us that Indigo children lack self-doubt. They know what they know and there is no talking themselves out of things. Over the years, the label Indigo has been replaced with crystal children, and star children, and I am in favor of dropping all of these labels. I see these children as incarnating more aware of our truth than the generations that came before.

Looking back, I realize that I encountered one of these incredible children many years ago, when I was invited to be part of a group of psychic readers visiting a private high school. You may recall the boy who asked about a shell meaning depression and saw that it was purple in his mind's eye. He then pointed to that very shell among 300 possibilities. Throughout that night, he demonstrated that he spoke shell fluently although he gave that ability no value. Although he didn't seem to recognize the significance of the volumes of information residing inside him, I felt gifted to be in his presence, and his knowledge of the shells validated the writing of *Ocean Oracle*.

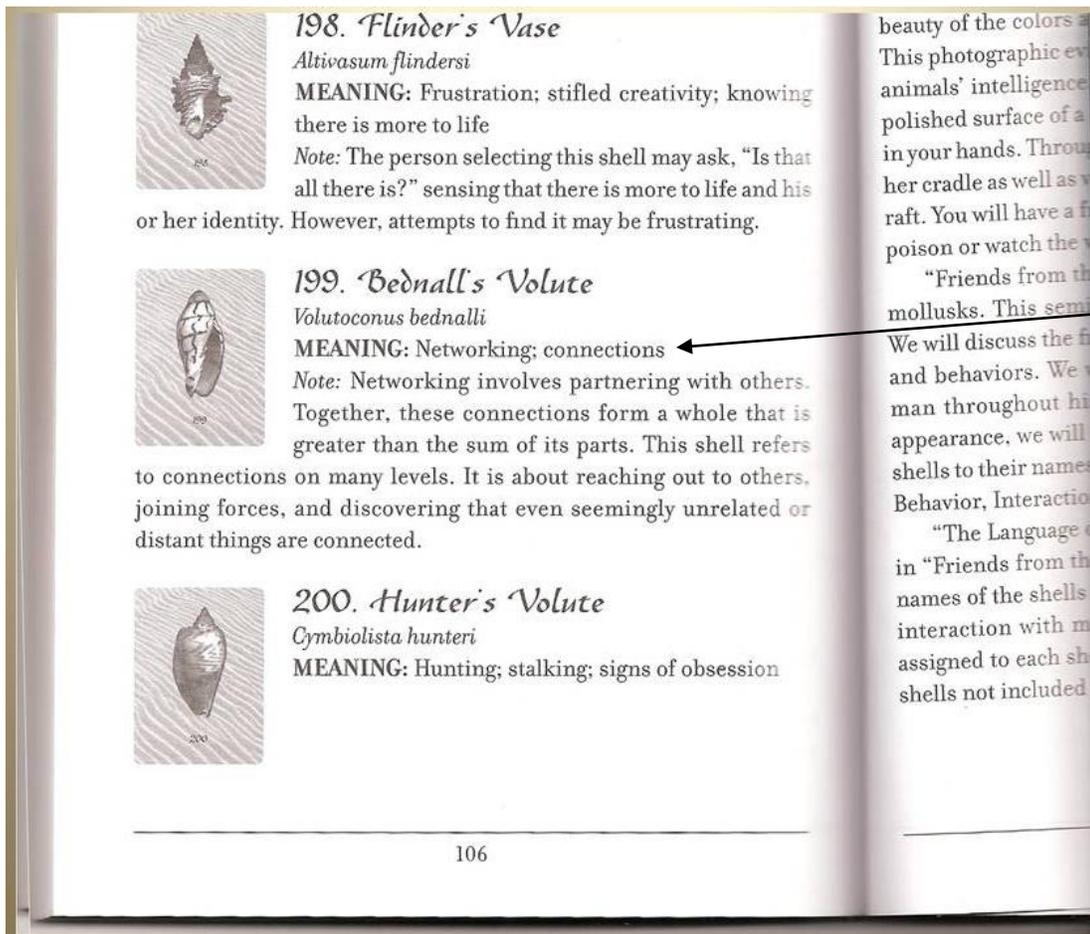
Many years later, I met a young mother in her twenties who was also easily able to connect to shell wisdom. Luci has granted me permission to share her story. Let me give you a bit of background information. I was scheduled to teach a weekend workshop in New Hampshire, and the week before, I was at an event in Maine. I can't tell you how many people mentioned that they wished they could take the workshop in New Hampshire, but they wanted me to know that their friend, Luci was taking it. I heard about Luci so many times that I left Maine eager to meet her. I felt that I would be teaching a teacher. This was my first opportunity to teach a weekend workshop, and I wanted to cover both seashell divination and the use of shells as energy tools. (I had not yet learned the lesson of shell shock.)

A few days before the workshop was scheduled, I received notification that only one student had registered. ... Luci. I was asked if I wanted to cancel the workshop. Although I was disappointed to only be teaching one person, I was eager to teach this teacher.

When I arrived in New Hampshire, I introduced myself to Luci. The first thing she told me was that she had never worked with tarot divination and was not interested in energy work. Yikes! We were going to be spending 10 hours with each other, and I wondered why the Universe had put us together. I trusted there was a reason, and decided to see where her interests might lie. On the table where we were seated, I unpacked well over fifty shells I had brought with me. Based on her lack of interest in energy work, I had made the decision not to unpack the Abalone energy shells. As her attention turned to the display, she said "What a pretty Angel Wing. But that is an Atlantic Angel Wing right, not a Pacific one." I questioned her as to how she knew so much, and she said she bought *Ocean Oracle* a week earlier. When she knew the names of the Angel wings, I thought to myself, those are the first two shells in *Ocean Oracle*, so she could have read about them. But then she continued to name many other shells on the table that appear much later in the book.

Do any of you think you could name the shells after having this book for one week?

I decided to try an experiment. I picked up the Bednalli Volute and handed it to her asking her impressions. She did not know its name, but this is shell #199 in *Ocean Oracle*. As she held it in her palm, her first words were "I think it has to do with connections." I turned to the last page in *Ocean Oracle* which discusses Bednalli Volute and which she had not read yet.



If you have your *Ocean Oracle* book, look at the meaning for shell #199. I wanted her to see the meaning for herself: “Networking, connections.” It would require a photographic memory to be so accurate about all 200 shells, but she said she had not read much of the book.



Venus Comb Murex  
*Murex pecten*

While I wrapped my mind around her accuracy, she did something more amazing. She looked at other shells displayed on the table and as her eyes fell on the Venus Comb Murex, she admired the “mermaid’s comb,” as she called it. That information is not in *Ocean Oracle*. *Ocean Oracle* talks about fussing over one’s hair, but never mentions mermaids. She was not quoting from *Ocean Oracle*—she was quoting from *Ocean Wisdom*, which was still in manuscript form tucked in my briefcase. A wonderful sense of déjà-vu swept over me. I recalled showing the Purple Drupe meaning to the high school boy before I wrote *Ocean Oracle*.

I removed the spiral-bound manuscript for *Ocean Wisdom* and turned to the section on the Venus Comb Murex. What a thrill for me to reveal that she already knew its contents. Many clients have likened this shell’s spines to that of a fish skeleton, but in twenty years of shell reading, nobody had ever called it a mermaid’s comb. Yet, as you learned in class 22 on love lessons, this was precisely what the man who named it envisioned.

While I marveled at her insight, before the workshop ended that day, she noticed some Unicorn Horn shells. They are not in *Ocean Oracle*, nor are they in *Ocean Wisdom*. When she commented on the Unicorn Horns and asked, "Are they used to remove poisons?" I was in awe. Once again, I removed the spiral bound manuscript for *Ocean Wisdom*. Tucked in the back were some loose pages with new information for a third book I am planning. I showed her the section on Unicorn Horns where she had just quoted the information.

## Purification Shells



**Turitella shells are also known by the common name of Unicorn Horn.**

**In ancient lore, the Unicorn was believed to possess magical curative powers. The spiraled horn of this animal was said to be able to neutralize poisons.**



**Aperture, or opening**

**Unicorn Horn shells are energy tools for cleansing "emotional poisons" stored in our bodies.**

**Visualize the tip of the shell "piercing" the affected chakra and allow the negative energy to flow out toward the aperture. The energy will be neutralized as it leaves the shell.**

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Luci asked, "Are they used to remove poisons?" and look what I wrote!

It was obvious to me that like the high school boy, she was already connected to the wisdom I was discovering and sharing through my books. She knew the contents of *Ocean Oracle*, of *Ocean Wisdom*, which was still a manuscript, and of the third book that I had not even written yet.

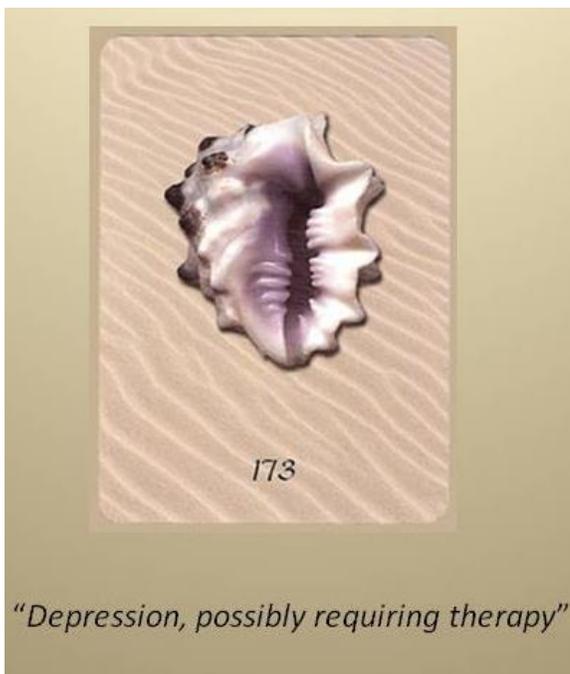
Luci amazed me so much on the first day of the workshop, that I thought the next day could not possibly contain any more surprises. However, she showed up on the second day of the workshop with an Abalone shell from her home. The first words out of her mouth were to inform me that she always wondered about the animals that made Abalones and what the holes were for. This from a person who was not interested in learning about energy!

I had planned to sneak in an introduction to some Abalone energy information at the end of the workshop, but her Abalone had other plans. She was clearly on an accelerated path. I suggested that she may be working with energy without even realizing it, and her Abalone may have joined her in our workshop to show her this. I then unpacked all the Abalones I brought with me and proceeded to share all the Abalone chakra information I knew at the time.

Unlike the high school boy, who had acted unfazed, each time I showed Luci the material she was “quoting”, she wondered how she knew this information. I explained that she was connected to the energy grid, the Bednalli Volute she saw the first day, and could obtain all kinds of information tapping into this energy network. She had been doing so unconsciously, but now she could do this with conscious awareness. As we continued our work together, it became clear that she was a powerful energy worker, but never put cause and effect together before.

There is one other piece to Luci’s story. During our time together, she informed me that she had never been drawn to tarot decks before, but she bought *Ocean Oracle* because her father was an ocean person. Part of my plan for this weekend workshop was to have the students perform their own readings. Since Luci was the only student, we could really probe deep.

The first shell Luci selected was the Purple Drupe “*Depression, possibly requiring therapy*”.



What do you think that would tell you about Luci?

She revealed that, although she is basically an upbeat person, sometimes she goes into very deep depressions. She had no idea why she visited these “dark places” as she called them.

Let’s see if we can use her reading to shed light on this behavior. We will examine her other shells and seek a reason why she visits these dark places. Please be aware that initially there may be several possible interpretations of the shells. But as we add more shells, we will keep “fine-tuning” until we have a possible reason for her periodic deep depressions.

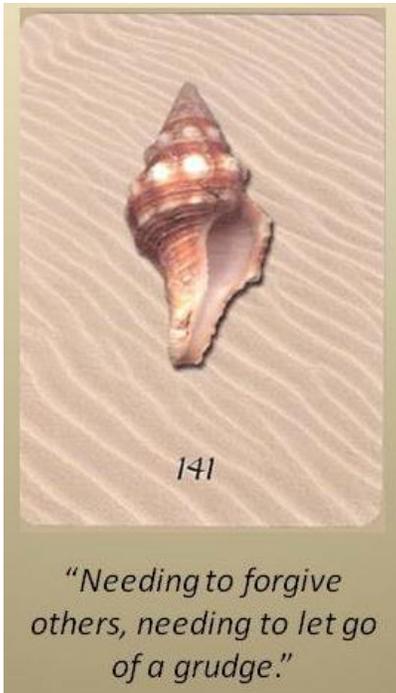
Luci selected the Seahorse “*ideal husband or father*” and placed it next to the Quahog “*Heart health, blood pressure, doctors and hospitals*” and the Textile Cone “*Death, transformation.*”



What information could these shells add regarding a possible source of Luci’s deep depression? Think about this before you scroll down to the rest of the transcript.

I was not sure if it was her husband or father who died, so when I saw this, I asked her if her father was still alive. She told me her father (Seahorse) died (Textile Cone) from a heart attack (Quahog Clam) when she was a teenager.

Next to these shells, she had placed the Squat Latirus meaning “*Needing to forgive others, needing to let go of a grudge.*”



What would this suggest?

This prompted me to ask her if she blamed him for dying. Tears rolled down her cheeks, which surprised her because she had never grieved. She didn't even cry during the funeral. She placed her hand over her heart and told me that she was afraid that he had left her “in here.” Then she told me that there were rumors that he had taken antidepressants.

Now let's bring everything we know together. If he were taking antidepressants, what was his world like.... bright, or dark?

If he felt the need to take antidepressants to cope with his life, most likely his world was bleak and dark.

She could not bear the thought that he had left her. If he could not be in her world anymore, can you think of a way she might try to connect with him in his world? (Hint, this was not done consciously. What was the original mystery we were trying to solve?)

The original mystery was why she had periods of deep depression and visited these "dark places." The reason she visited the dark places was because she feared that he had left her, and by visiting his world she thought she could keep him with her. These thoughts were subconscious, so she was not aware of them. Now that she had an explanation that the darkness served to connect with her father, she had choice.

As Luci saw in this reading, he was right by her side, communicating through the shells. Since he was an ocean person, he had planted the suggestion for her to get the *Ocean Oracle*. He had guided her selection of shells for this reading. Luci's face lit up as she discovered that she could communicate with him in healthy ways rather than going into darkness. She planned to take the deck to his grave to connect with him. I suggested that since she was obviously on the grid, she could learn to communicate directly. Luci left the workshop excited by this revelation. Although she began the workshop not quite ready to fully embrace energy work, she left eager to explore what other gifts she possessed. As I was packing up to leave, the store owner came over and said "I don't know what just happened, but Luci just left happier than I have ever seen her. She looked transformed."

And that solves my personal mystery of why I only had one student in that workshop. The degree of individual attention necessary for her to open up enough could not have happened if there were other students in the workshop. And, just as I felt validation to write *Ocean Oracle* from working with that high school boy, I felt the need to write *Ocean Wisdom* from working with Luci...and even the validation for the next book to come.

I assume there are other people—often children—with similar connections to shells, and I hope they avail themselves of this tool for personal growth. I always suspected that being "psychic" is just some people's ability to perceive or receive information that we all broadcast in our energy. We tend to treat intuitives as privileged people with special abilities, but I believe one day reading energy will be the norm. Interacting with the high school boy, I was given a taste of what the world will be like when connection to Universal energy is the norm: we just know what we know.

Since I had more resistance to this knowing than these young people I encountered, it took me longer to release my conditioned doubts, but the shells have patiently led me on a steady journey to what promises to be an unlimited source of joyful insight and connection. My twelve-hole Abalone assisted me in connecting with the knowing, making me aware of the Bednalli Volute and the grid.



This is an expensive shell, but fortunately photographs allow connection to this energy too. If you desire, you or your child can use the shell photograph on the front cover of *Ocean Wisdom*, or card #199 in *Ocean Oracle*, to connect with the grid energy.