



Hello everyone,

This class completes the Name and Appearance category. It has a little bit of everything.... from detailed science and stories from the Bible, to fairy tales and cartoons. Feel free to pick and choose. I hope each of you finds something to enjoy here.

There is also another homework exercise at the end of this lesson. Remember to pay attention to the sequence of the shells, and to the client's reactions to these shells in your response.

Sending many Seashell Blessings!

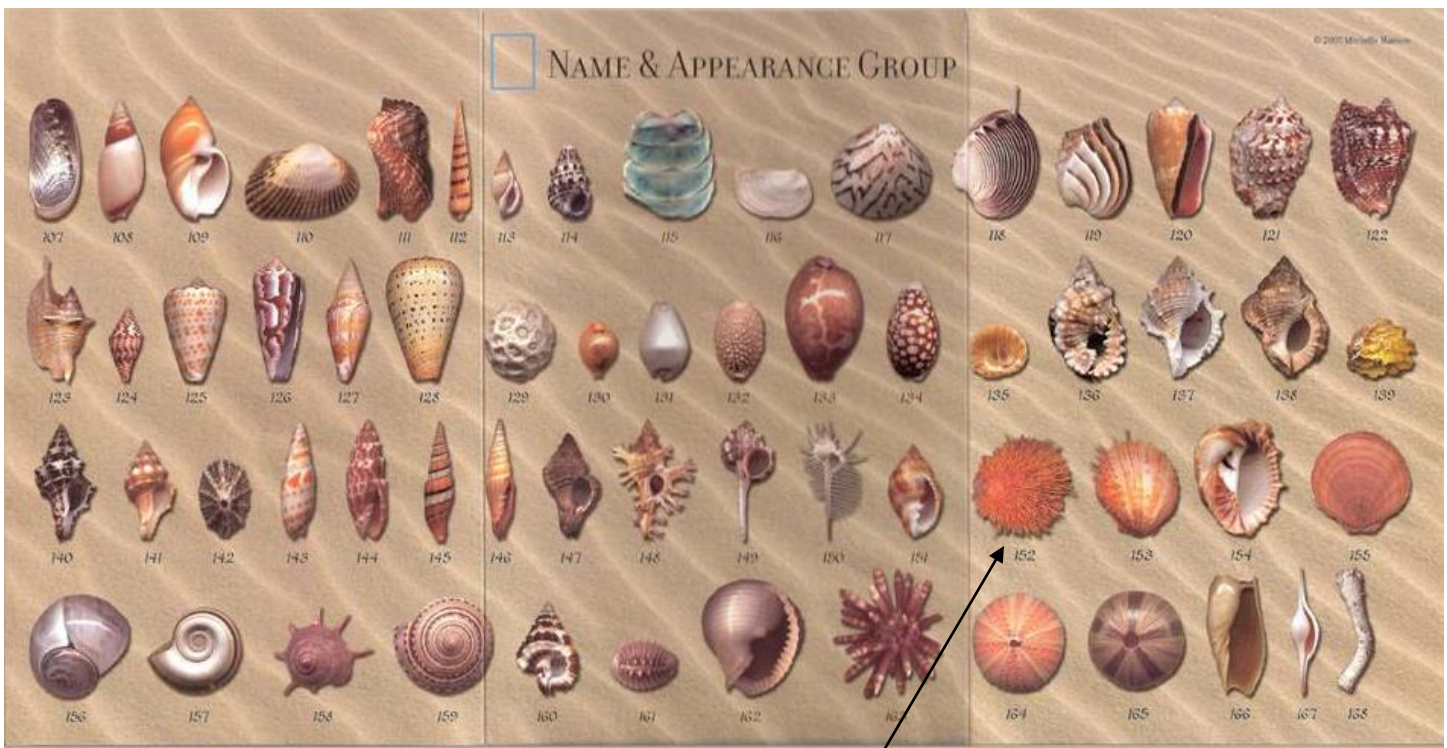
Shell

INDEPENDENT STUDY: Module 3, Class 34

Please note: The pictures and comments in the transcript and recording below have been gathered over many years and where possible, I attribute them to their original source. If anyone connected with these photographs or comments would like them removed, please notify me and I will be happy to comply.

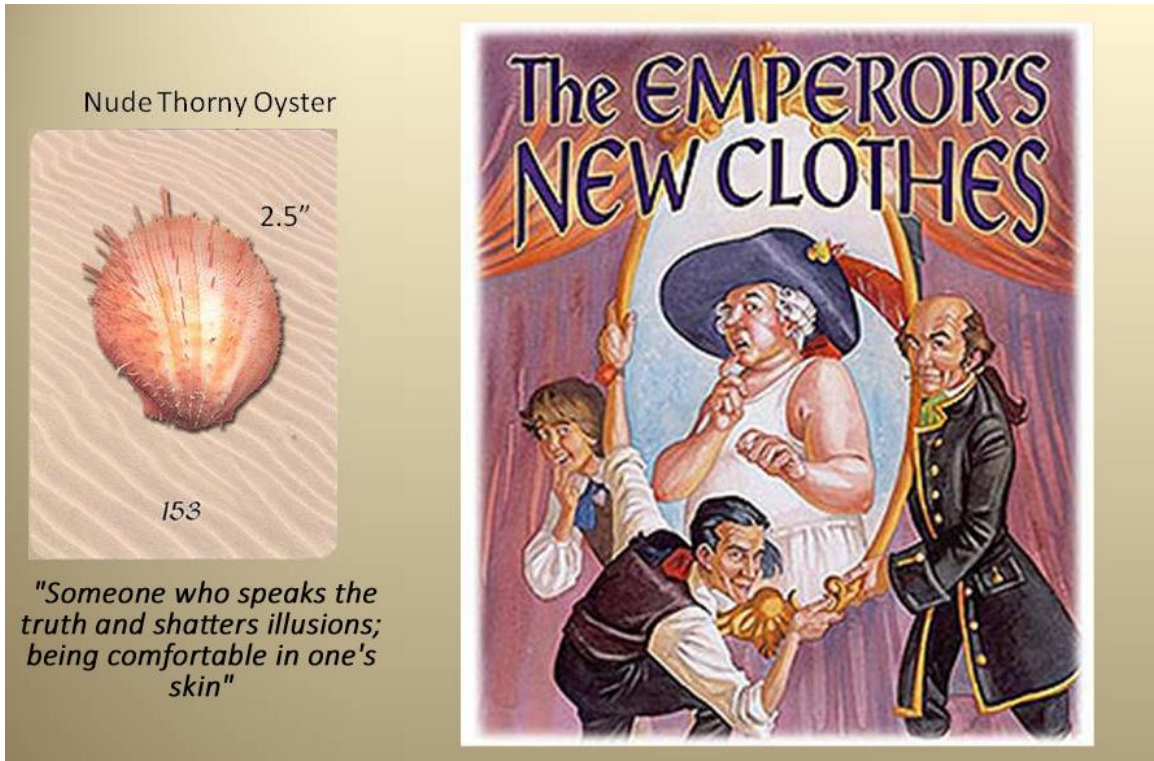
The recording for Class 34 is about 28 minutes long.

Class #34: Shell #s 153, 154, 156, 157, 158, 159, 162-166



During the last few lessons, we have been making our way through the shells in the Name and Appearance category. In Class 33, we left off at the Cat's Tongue Oyster, #152. In this class, we are going to complete the introductions to the shells in this category.

Shell #153 is another Oyster, the **Nude Thorny Oyster**. Due to the name “nude”, the person picking this shell is comfortable embracing the naked, unembellished truth.

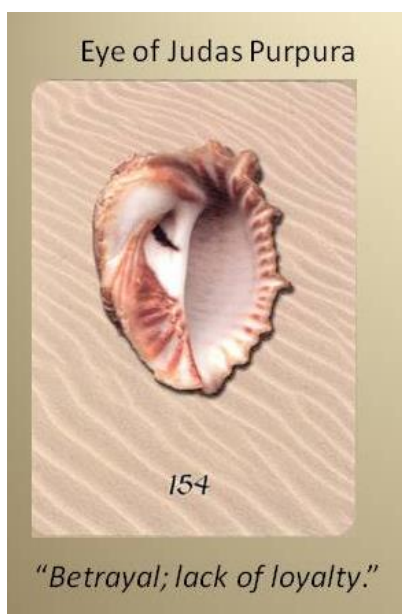


Are you familiar with the children’s fairy tale of the Emperor’s New Clothes? In this story, the emperor hires two tailors to provide him with a garment made of the finest material in the land. They tell him that the cloth will appear invisible to anyone who is stupid or unfit for his position. In reality, there is no cloth, and they pretend to hold up

the clothing for the Emperor to admire. The Emperor is too proud to admit that he can’t see the clothing, and so are his ministers. During his next public outing, everyone along the procession admires his fine wardrobe because nobody wants to admit they can’t see his clothes. It takes a young child to shatter this illusion by proclaiming “But he has nothing on!”

Attraction to this shell indicates “Someone who speaks the truth and shatters illusions; being comfortable in one’s skin.” The Emperor literally was in his own skin. One caution to those willing to speak the truth, less secure individuals may not welcome the shattering of their illusions.

http://en.wikipedia.org/wiki/The_Emperor's_New_Clothes



Following the Nude Thorny Oyster, we have shell # 154, the **Eye of Judas Purpura**. We first met this shell during our study of operculums in class 6. It served as a model to demonstrate a shell with and without the operculum in place. Although it served our purposes at that time, we did not discuss its meaning.

The lesson of this shell is that no matter what other people appear to do to us, we are allowing it or creating it on some level...even something that we would not consciously say we want. In the New Testament, Judas betrayed Jesus, and it has been suggested that this act was necessary for Jesus to fulfill his destiny. This shell offers solace in suggesting that even when one has been betrayed, a purpose will be revealed. In the grander scheme of life, it may lead one to new avenues of discovery.

The meaning associated with this shell is “Betrayal; lack of loyalty.”

Apple Snail



*Losing innocence;
confronting reality*

Shell #156 is the Apple Snail.

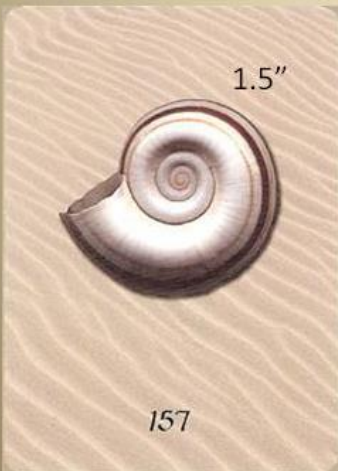
Its meaning comes from the apple in the story of Adam and Eve in the Bible. After eating fruit from the forbidden Tree of Knowledge, Adam and Eve lost their innocent state in Eden's paradise forever. Becoming aware of their naked bodies, they felt shame for the first time.

The shell's meaning is "*Losing innocence; confronting reality.*"

I always advise clients that this loss of innocence is often accompanied by emotional pain. When one is no longer naïve, it can hurt to discover that the world is not as previously believed.

This brings us to the Ram's Horn, shell #157.

Ram's Horn



*"Forcing one's opinion
on others"*



<http://img.search.yahoo.com/search/images?ei=utf-8&fr=slv8-tyc7&p=ram%20butting%20heads&type=>

In nature, rams forcefully butt heads trying to dominate each other. The meaning reflects this: "*Forcing one's opinion on others.*"

We are nearing the end of this category, so let's try an experiment.



Shell #158 is the Triumphphant Star shell.

Based upon this name, what do you think the meaning of this shell might be? Please write your thoughts before you continue reading.

The word “triumphant” means victorious, conquering, successful. The meaning for this shell is “Victory, triumph.”



And now for some fun. Here is a series of you tube videos about Shelldon and the land of seashells.

The lead character, Shelldon, is a yoka mollusk, and the Yoka Shell is a relative of the Triumphphant Star shell. You can see this shell in the “o” of Shelldon, and a bit of it peeking out on his back here. Shelldon has a friend Connie who is a Cowrie shell, and Herman who is a Hermit Crab. The sheriff is a Starfish and wears a badge shaped exactly like his body. This story is in 3 parts, and you will find clever references to your studies, including a preview of the energy work ahead. Enjoy!

<http://www.youtube.com/watch?v=wDRcsbeGd10&feature=related> Part 1

http://www.youtube.com/watch?v=oTrIX_QRz8Q&feature=related Part 2

<http://www.youtube.com/watch?v=iqXD1d2R5b8&feature=related> Part 3

Giant Sundial



Shell #159 is the Giant Sundial. Based upon the shadow cast by the sun, sundials were an early method used to monitor the slow, steady passage of time.

With this to guide you, what do you think the meaning of this shell might be? Write your ideas, before you continue reading.

With its connection to tracking the passage of time, the meaning of the Giant Sundial is "Patience."

I have a story about the energy of this shell. I met a very talented jeweler whose work was based upon nature. She had many pieces that included shells in her settings. When she met me at an expo, she was excited at the prospect of designing her jewelry with intention. As you might imagine this was music to my ears, and as time progressed, I ended up with several of her masterpieces.

Sundial Bracelet



Magnetic closure

Here you will see a picture of my Sundial bracelet. I want you to notice its magnetic closure.

When the jeweler first designed this bracelet, it came with a different clasp. I had to contact her because the bracelet kept falling off, and I thought I was not working the clasp properly. She was kind enough to replace the clasp with this magnetic closure so that I could easily put this on myself. The two ends of the bracelet “find” each other due to their opposite polarity, keeping the bracelet on my wrist. I thought we had a perfect solution. I could wear this bracelet all day, do housework, even sleep with it on, and it had no problem staying securely on my wrist.

The odd thing is that whenever I wore it while teaching a workshop, it fell off. I can't even count how many times I arrived at my destination, and began my presentation only to discover that my bracelet had fallen off. And this continued even after she exchanged the closure with the magnetic clasp.

At first this was stressful because it is one of my favorite bracelets, and at each venue I endured the emotional toll thinking I lost it. Fortunately, after the workshop, concerned students combed the area, and someone always found my cherished bracelet. After that happened several times, things escalated to where there was an event when the students were unable to find my bracelet. I left the event convinced I would never see it again, only to discover that it was still in my car. Apparently, it fell off before I even entered the premises. It finally sank in that the bracelet falling off had nothing to do with the closure. Since this bracelet consistently fell off when I was teaching and always stayed on when wearing it for any other occasion, let me ask your thoughts. **What do you think the Sundial was teaching me by being unable to stay on my wrist whenever I taught?**

I was so impatient to teach everything I could, that the poor bracelet could not remain in my energy. This was its way of teaching me patience.

I should have known patience was a problem because when I taught, I ended up panting as if I had run a marathon, and all I was doing was standing still teaching. I became excited at the prospect of sharing the information, eager to cram as much into the allotted time as possible. My heart started beating quickly, and I ended up out of breath before I said a word. I would have to step away from the microphone so the audience would not have to listen to me panting, and regain my breath in order to continue teaching. That should have been a clue...but, no. It took the sacrifice of my bracelet, and the thought of losing it, to get me to learn to relax and trust that whatever information I had time to deliver would be what those particular students needed.

I just realized that this was my first lesson in the concept of shell shock...learning not to overwhelm students with information. That said, I must admit that being able to teach all of you at your own pace has been such a luxury, and my bracelet is able to stay on just fine as I create this class. So, whenever this shell shows up in a reading, think about my bracelet and its lesson regarding patience.

<http://www.wildsingapore.com/wildfacts/mollusca/gastropoda/architectonicidae/perspectiva.htm> Scroll down to see a live sundial mollusk video where you can witness it pushing out the operculum until its black and white striped eye antenna are revealed.

<http://www.youtube.com/watch?v=abog6ys7tDY> History of man's efforts to track time.

<http://www.youtube.com/watch?v=WXiakqRWcHc> Great explanation to coordinate Sundial time in different locations.

<http://www-istp.gsfc.nasa.gov/stargaze/Sundial.htm> Extra information on Sundials



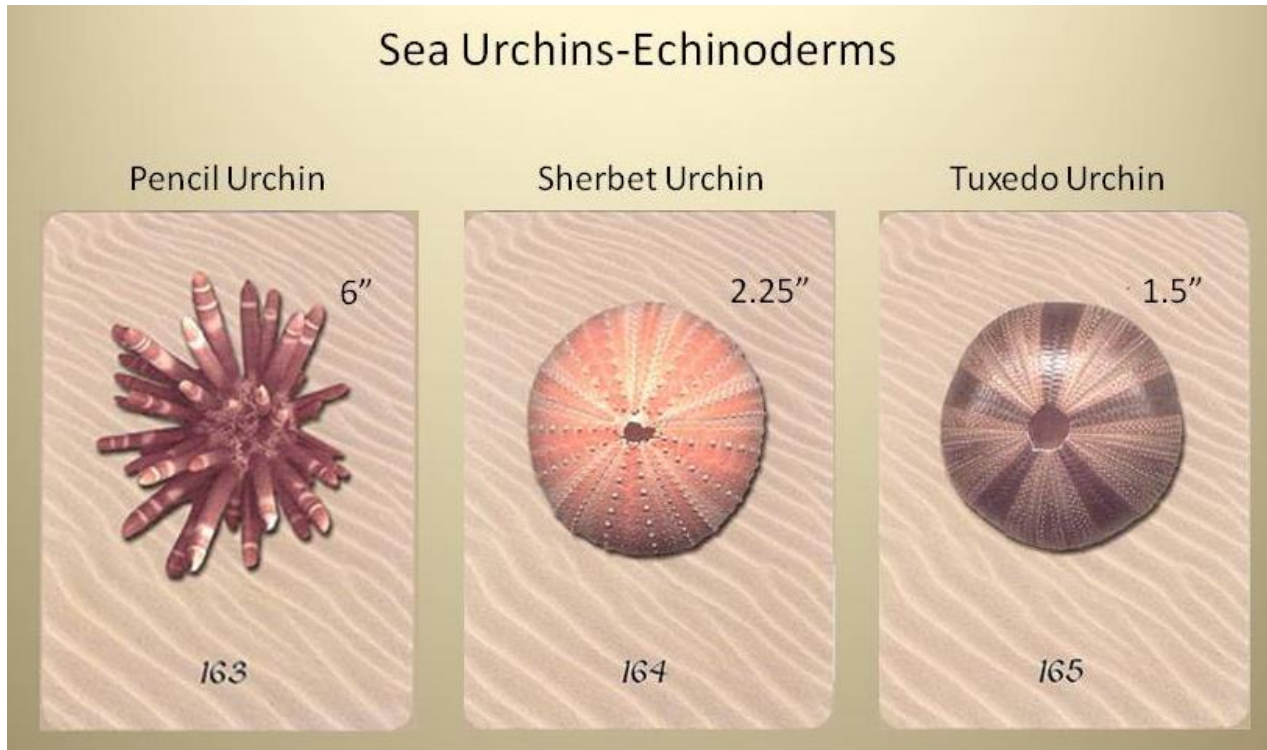
Shell #162 is called the **Grinning Tun**. This is probably due to the jack-o-lantern like appearance created by the aperture.

The act of smiling or grinning can create good feelings within, making any situation easier to tolerate. We are given the choice to look at the world as either an optimist or pessimist, and this shell reminds us of the value of maintaining good

humor. For this reason, the meaning reflected by the Grinning Tun is "*Grinning; smiling; maintaining a sense of humor.*" When someone dislikes this shell, that person may have difficulty maintaining a cheery disposition. This might indicate a situation in which someone has a great need to be taken seriously, and joking, or making light of the situation may be counterproductive.

Now we arrive at the Sea Urchins, #163-165. The first thing I need to tell you is that Sea Urchins are not mollusks. They are echinoderms from the Greek meaning “spiny skin.” They share this classification with starfish and sand dollars, and the Sea Biscuit #187 you met in class 27. Although they are not mollusks, they share their environment and contribute to this language. We met a sea urchin in a back-handed way when you saw the testiculus mollusk have the courage to denude the sea urchin of its spines before consuming it for dinner. All species of sea urchins are covered with spines varying in thickness and quantity.

Here is a close-up look at all 3 urchins in *Ocean Oracle*.



Let's explore them one at a time.

#163 is the **Pencil Urchin**. A pencil is a writing implement used to express our thoughts. Accordingly, the meaning for Pencil Urchin is “*Communication, the importance of sharing thoughts and feelings.*” The Pencil Urchin’s spines not only resemble pencils, but they were used by Egyptians to write on slate tablets. As a tribute to this, the common name is also Slate Pencil Urchin. By the way, if the spines look familiar, they are often used today in the manufacture of windchimes.

#164 is the **Sherbet Urchin**. For those concerned with the nutritional content of their diet, sherbet offers a lower-fat substitute for ice cream. Extending this concept, this urchin refers to healthy eating habits. Its meaning is therefore “*Paying attention to one’s diet, particularly regarding proper nutrition and vitamins.*”

Last, we have the **Tuxedo Urchin, #165**. Tuxedos are formal wear designed for occasions where one wishes to make a good impression. They lend a polished look to one’s appearance and a dignity to the event. Attraction to this urchin indicates a person who opts to cushion words in an effort to make difficult statements more palatable. The meaning is “*Being polished and tactful.*”

One interesting thing is that the scientific name for a sea urchin that has lost its spines is a “test.” Knowing this, can you tell me what test a person encounters when attracted to the Pencil Urchin?

Test of communication skills, ability to express emotion.

What test would be connected to the Sherbet Urchin?

Maintaining a healthy diet

And what about the Tuxedo Urchin?

Ability to make a good impression, be tactful.

I am facing that test about being tactful as I teach about urchins. My publisher created a beautiful deck from the photos I sent of my collection. However, I was not consulted, and the result is that the sizes are a bit



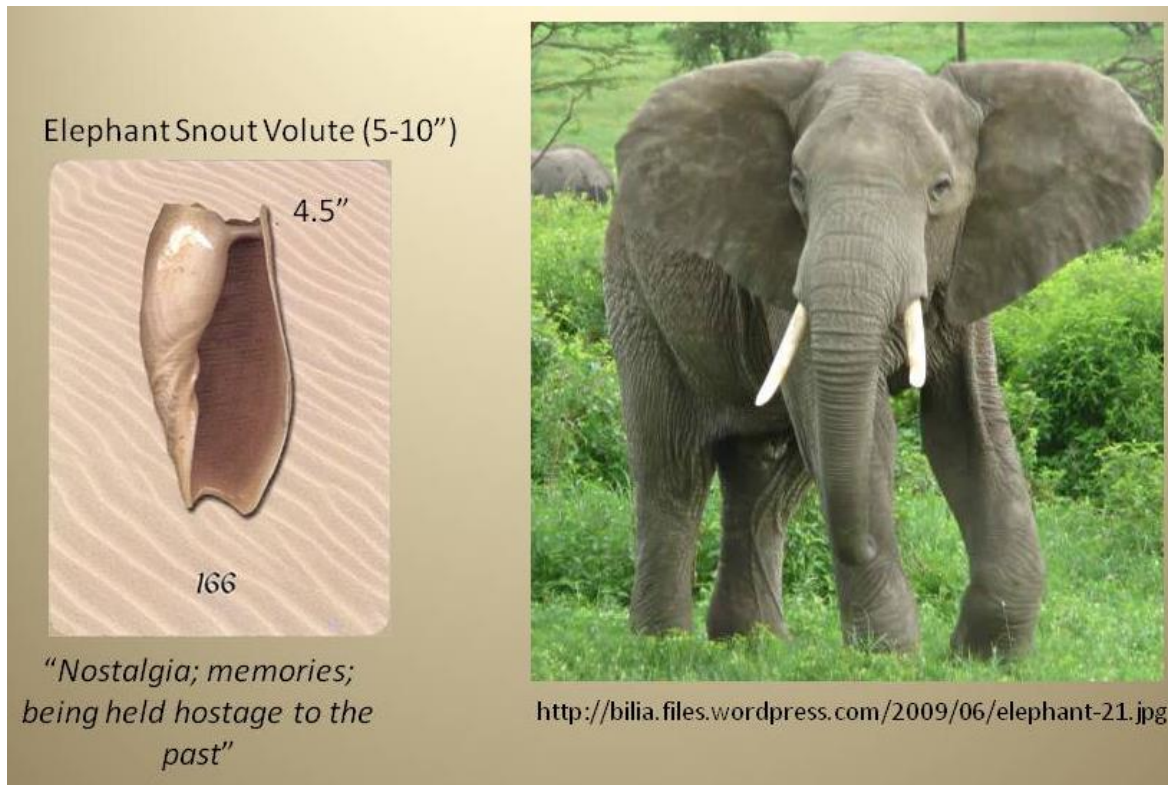
misleading. If you notice in the picture of the three urchins, #163-#165, they all look to be similar in size. In reality, the Pencil Urchin is 6 inches while the Tuxedo Urchin is only 1.5 inches. I don't want to leave you with the wrong impression, so to remedy this misconception of size, I am including a picture here of all of my urchins to enable you to can gain a more accurate idea of their size.

http://en.wikipedia.org/wiki/Sea_urchin

<http://www.youtube.com/watch?v=DPxmCq07dxo&feature=channel> at the 50 second mark, you will witness a sea urchin walking!

You have already met the final two shells in the Name and Appearance group, the Shuttlecock Volva from your love lessons, and the Watering Pot. This leaves only one more new seashell partner to add to your vocabulary.

#166 is the **Elephant Snout Volute**



As in the saying "An elephant never forgets," this shell will hold an attraction for people frozen in time. This may be due to clinging to the good old days, and longing for the glory days, or from wondering "What if?" things had been different, or if only they had made a different choice. Either way, such people may be stunted in their growth process, unable to recognize and enjoy the blessings of today. This shell is a reminder that people should not allow the past to define or limit experience.

Its meaning is *"Nostalgia; memories; being held hostage to the past."*

If this shell is disliked, it indicates someone eager to escape the past and create a new identity.

And that ends the Name and Appearance category in *Ocean Oracle*. Before we leave this category of shells, are there any questions? By the way, we have now covered 141 shells from *Ocean Oracle*!

There is one more homework exercise to monitor your progress. Please pay attention to **the sequence** in your answers **and to the client's reaction to the shells** in question #5.

HOMEWORK EXERCISE #10 (Using Class 32 ,33 and 34)

1. In a reading combining the Volcano Limpet and Squat Latirus, what method do the shells suggest for relieving the tension that is about to explode?
2. What two shells would tell you that you have a partner worth celebrating?
3. In a reading with the Common Frog and Distorsio, why would this tell you the partner is not the ideal partner?
4. What two shells tell you the client thinks forgiving others is important, and his values might be tested?
5. Name two shells and the client's reaction to them (like/dislike) that would indicate this client is very sensitive and does not care for gossip.
6. What shells tell you that the client will succeed if he is patient?
7. How would you interpret this combination? Tuxedo Urchin/ Pencil Urchin/Triumphant Star

Please email your answers to michelle@oceanoracle.com. In the subject window, please write your first name, Homework #10 Class 34