



## INDEPENDENT STUDY: Module 2, Class 29

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The recording for Class 29 is about 26 minutes long.

Hello everyone,

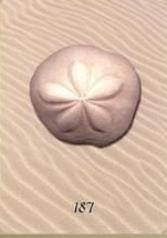
Since we are continuing our journey with soul searching shells, you will receive the most benefit if you pause at each shell to note your own reaction before scrolling down or continuing with the recording. This is the final class in Module 2. As you complete this portion of the course, you will find an updated shell chart, part 3, with all 89 shells we have covered from Class 1-29.

Many Seashell Blessings!

Love,  
Shell

Class 29: Shell #s 193, 170, 189, 196

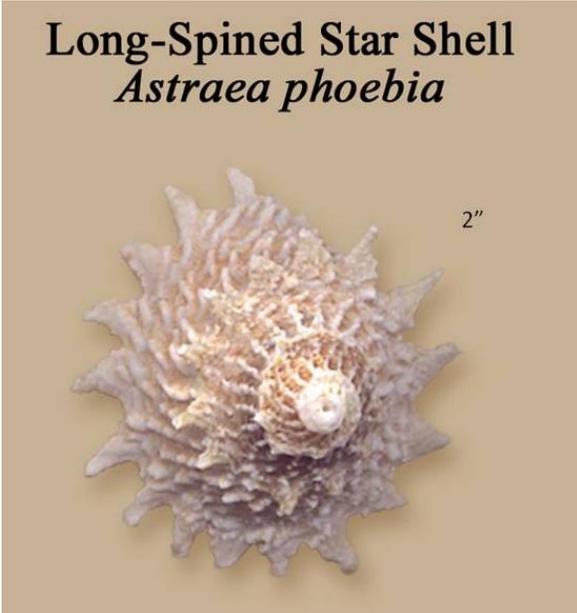
Over the last two lessons, we have expanded upon our seashell vocabulary by exploring the shells in the Intuition category. You met the Tripidophora, Sea Biscuit, and Cephalopod Fossil.

 190	<p><i>"Feeling that nothing comes easily; progress through struggle."</i></p> <p><b>Does it require struggle for me to value my achievement?</b></p>
 187	<p><i>"Pride; being concerned about other people's perceptions of oneself; craving external validation."</i></p> <p><b>Do I care more what you think of me, or what I think of me?</b></p>
 174	<p><i>"Vindication; being proven right"</i></p> <p><b>Is it OK for me to be wrong, or do I have to be right?</b></p>

They proved to be tools for soul searching regarding the value we place upon struggle, caring how we look in other peoples' eyes, and the need to be right.

Class 29 involves a few more soul-searching tools.

## Long-Spined Star Shell *Astraea phoebia*



We begin with this shell.

What do you think? Like it, bothered, indifferent?

This is the Long-Spined Star Shell, *Astraea phoebia* shell #193 in *Ocean Oracle*. Its meaning is “*Confronting one’s destiny.*” People attracted to this shell may be keenly aware that they are here to fulfill a life mission of some sort, and they may even know what it is. However, if they find themselves thwarted on their path, subconsciously they might not relish the role they are required to play.

Let me try an experiment. If I were to ask you to consider all of history and tell me who had the most important destiny in your eyes, how would you answer this? Please note your answer as well as the reason for this choice.

Considering the subject of fulfilling one’s destiny leads many to think of Jesus as a role model. Even with few details, just by mentioning the word destiny, many people responded to this question with thoughts of Jesus. He is that strongly connected to the concept of destiny.

Now, can you tell me what was required of him to fulfill his destiny?

## Crucifixion.

With that said, let's return to the person who knows there is a mission to fulfill. No matter what religion that person practices, it is certain that this person is aware of the story of Jesus. This archetype is ingrained in our subconscious in connection with fulfilling a destiny. Society no longer literally nails people to a cross, but still inflicts pain with mental torment or taunting, jeering, criticizing, or ostracism—experiences so unpleasant that people may equate this to modern crucifixion. Without any conscious awareness, people selecting this shell possess an inner part of themselves that is in no hurry to be crucified. While they think they are eager to fulfill their destiny, their subconscious perceives this as a dangerous path and does its best to sabotage their plans. There are people who buy metaphysical books but never read them. They desire to discover their purpose, but a family or personal crisis prevents them from starting on their path.

Do any of you know people who say they want to develop their inner self awareness, but somehow never have time? It is possible that, although they don't realize this, a part of them is frightened by the very idea of fulfilling their destiny.

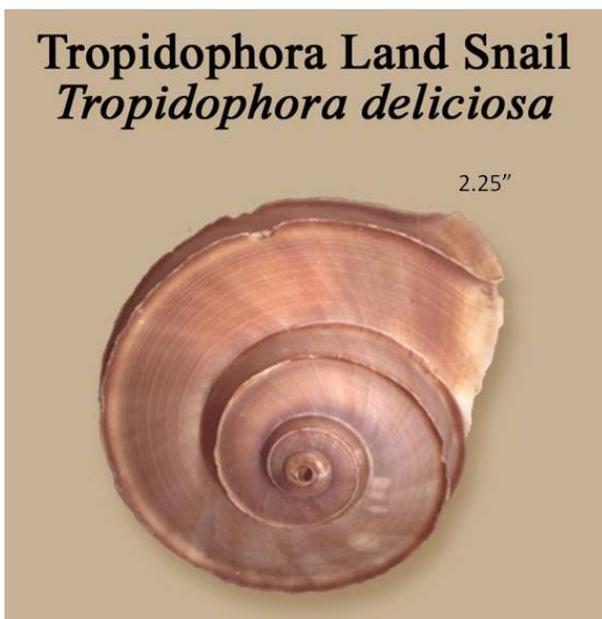
This may be a controversial idea, but if you carry the hidden belief that fulfilling your destiny may involve torture, every obstacle to stepping into one's life purpose delays the crucifixion that awaits you. Each time you wish to figure out your life's purpose, (or if you know your mission, to work on fulfilling your purpose), your subconscious does not wish that at all. Once you understand that you created these obstacles yourself as a form of protection, you have options. Just as Jesus was "the last sacrifice," if we choose, we can adjust our beliefs so that we see a way to fulfill a delicious destiny without harm to ourselves.

There is only one question here:

- Do I believe that my choice to fulfill my destiny would require my crucifixion?

If you remove the possibility of torture, you no longer need to avoid your mission, and you will find the obstacles fall away making the steps on your path easier to walk.

Now, let's combine two shells to see what message this interaction delivers.



In Class 27, you met the Tropidophora Land Snail "*Feeling that nothing comes easily; progress through struggle.*"

Do you recall why the person attracted to this shell needs the struggle?

The achievement has no value if the person does not feel he earned it through hard work.



If a reading combines the Long-Spined Star Shell "*Confronting one's destiny*", with the Tropicophora "*no value without struggle*" what does this tell you about the client?

This client holds a belief that fulfilling a destiny has no value if it comes easily.

For some people, the degree of suffering is directly proportional to the value of the destiny. For these people, the modern form of crucifixion is beneficial as a confirmation that one's destiny is noble.

The questions then become:

- Do I believe that my choice to fulfill my destiny would require my crucifixion?
- Can my destiny hold great purpose if I don't have to suffer to fulfill it?

In the past, the vast majority of clients have mentioned Jesus as the person with a valuable destiny, but I have had some exceptions. Listening to your client's response to this question can reveal volumes. Although the answer is most often Jesus, clients have mentioned Grandma Moses or Mother Theresa. When questioned as to what they admire about these people, the client who admired Grandma Moses told me that Grandma Moses found her destiny very late in life. This reveals that this client is subconsciously wired to delay fulfilling her destiny until she reaches her later years in life.... then it will have value. This means she is blocked from fulfilling her destiny too early. Each time she was thwarted in following her path, it benefited her because this would put off the fulfillment until she was older. Once she understood this hidden belief inside her, she had the option to fulfill her destiny sooner if she wished.

The client who admired Mother Theresa spoke of her sacrifice of material things and her humble life. This client craved material things, but they left her unfulfilled. Her reading revealed that her pursuit of material things was her method to block her from fulfilling her destiny. She feared that the moment she began to follow her destined path, she would be left with nothing. In her head, fulfilling a destiny equated to owning nothing. Her destiny would not have purpose until she divested herself of all material things. Again, she is in no hurry to obtain that state. Once she gains awareness of this, she can decide if she could have a destiny with purpose while retaining her possessions.

Another client told me she admired Einstein and Winston Churchill. We might assume we know why, but it is always important to allow the client to explain why.

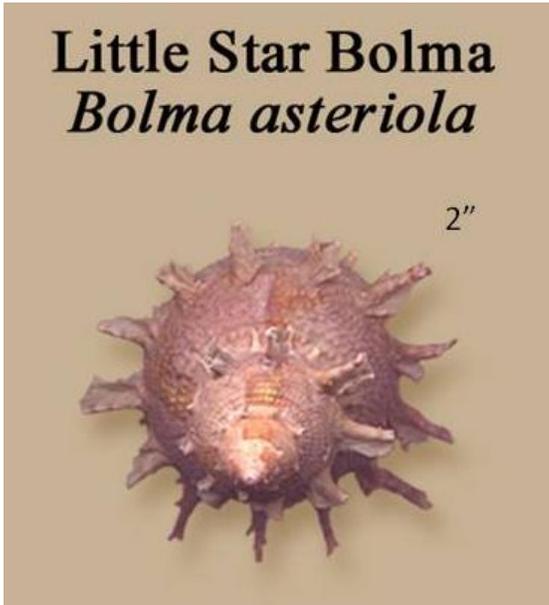
She said, Einstein was not considered to be very bright, and his ideas were not accepted right away. The same with Churchill, it takes time, success does not come overnight.

**Do you think this client was having much success in her life? Were her ideas finding an audience or being supported?** The great news is she admitted her father used to tell her that success does not come overnight. She had internalized this to block her from a quick road to success. However, during our conversation she realized that she had put in the time, and it would now be OK for the abundance to flow...for her to find someone to support her vision. You could tell her energy had shifted by the time we finished speaking.

The most unusual response I ever had to this question was from someone who admired Hitler. As you just saw with Einstein and Churchill, the reason a client connects with a particular historical figure may not be at all what you expect. I was very curious as to the reason this person thought of Hitler as the person who held the most valuable destiny.

She explained to me that she admired his higher soul's contract. She said that it took amazing courage to be willing to serve a role that would cause everyone to hate you forever. This revelation would mean that she was wired to think that fulfilling her destiny would leave her in a position with no friends. Again, since this is her subconscious belief, she is in no hurry to lose all her friends in order to fulfill her destiny. Please understand that none of these situations have to occur for these clients. The important point is their subconscious thinks it is necessary, and that caused the brakes to be applied when they attempted to pursue their destiny.

As I mentioned when we began working with the Intuition category, these shells are all capable of provoking some deep soul searching. You may be surprised by what you discover about yourself.



Next up, is Little Star Bolma.

What do you think? Like it, bothers you?

This is the **Little Star Bolma, *Bolma asteriola*** shell #170 in *Ocean Oracle*. The meaning is “*Having great potential; setting high goals for oneself.*” Attraction to this shell indicates someone is a diamond in the rough and willing to become all they are capable of being.

I have found the majority of times this shell appears in a reading, the clients dislike it. Disliking this shell indicates a desire to hide one’s potential thereby eliminating expectations from others. This person may “play dumb” or lower the bar to keep talents or abilities well hidden. Accepting tasks for which one is overqualified guarantees no failures. This person only reveals abilities that are mastered, but never attempts anything without a guarantee of success. Since failure is not an option, there is no potential for a learning curve. This prohibits someone from stretching and reaching new heights. He is assured a safe life, but not a very fulfilling one.

## Telescope Snail *Telescopium telescopium*



Now we come to the Telescope Snail, *Telescopium telescopium*.

Reactions? Like, Dislike? No reaction?

This is shell #189 in *Ocean Oracle*. The Telescope Snail means “*Remaining in the background; being out of sight; inspiring others without recognition.*” This shell teaches us the need to distinguish between the desire to heal a situation and the need to take credit for the healing. The person selecting the Telescope Snail may find that approaching someone with direct advice will meet with resistance. You will not be heard. The lesson is to plant the seeds of an idea while remaining in the background which allows the other person to keep ownership of the idea. Eventually, the other person will act upon your seeds as they blossom, but think the idea is his own.

The questions become:

- Do you want the other person to heal and improve his life? If so, he may heal, but he will never know you were involved.
- On the other hand, are you looking for the credit for being the one who had the advice to turn his life around? If you dislike this shell, you are not comfortable with being in the background, and may be struggling with never receiving credit for your ideas.

## South African Turban *Turbo sarmaticus*



The final soul-searching shell in this class is Shell #196, the South African Turban, *Turbo sarmaticus*.

Reactions?

The meaning connected to this shell is “*Peeling away outer layers to find inner light*”.

I understood the deeper meaning of this shell during New Year’s of 2001. That year, in my Seashell divination column I was trying to find an appropriate shell to capture the importance of that pivotal moment in time. We stand poised on the brink of every new year with its shining possibilities reflected in our resolutions. Each vow from our lips indicates a desire to seek self-improvement. The ultimate goal is to become the best “you” you are capable of being. To accomplish this, we must find a way to become acquainted with our truth. We welcome anyone or anything that aids us in this endeavor.



This sturdy South African Turban shell is lovely to behold, but it requires some understanding to explain its appearance. The Turban’s external surface is normally a dark brown as seen in this picture of two Turbans to the left.

[http://www.gastropods.com/9/Shell\\_1519.shtml](http://www.gastropods.com/9/Shell_1519.shtml) Source for this picture of Turbans

However, when this layer is removed by polishing, a stunning opalescent rainbow of hues comprises the structure beneath. When imported commercially, the outer layer is often peeled off in a spiral pattern. This results in alternate rows of rough brown material and iridescent mother of pearl. The message of the shell is to acknowledge that we, too, possess a core of light covered over by layers.

When someone is attracted to this shell, it is time to discover his or her light, and allow it to shine. Seashells are one of the fascinating tools that Mother Earth provides for us to connect with that part of ourselves that possesses divine wisdom...our Higher Self, Inner Being, or Expanded Awareness. This portion of us patiently holds our connection to our original truth, but the South African Turban explains that we have managed to cover it over with layers of beliefs foisted upon us by society, family, and friends.

As my clients work with the shells, and converse with this wise part within, they gain awareness of the illusions they unknowingly struggle to maintain. Successful maintenance does not bring fulfillment, and this puzzles them. Gently, the Turban teaches them that they are not maintaining their own truth. They are just attempting to become someone else's version of who they should be.

If we discover and live our own truth, we would approach the perfection we strive to obtain. Therein lies our happiness and fulfillment. The South African Turban suggests that our resolutions might be better served through subtraction rather than addition. Rather than vowing to add yet another trait to improve this year's model of ourselves, we might consider removing the layers of baggage covering our perfect light.

Instead of asking "What do I need to add to be the best me possible?" ask "What do I need to subtract?" I wish you all joy in the discovery. Quite possibly, there isn't a greater gift you could receive.

Speaking of gifts, I have something in honor of your completing Module 2 of the Ocean Speake course! You have now met 89 seashell partners in the *Ocean Oracle* deck, and it is time to update your chart.

**Ocean Speake shell chart, Part 3**    Class 1-29    89 shells

		<i>Class 4</i> <b>21</b>	<i>Class 21</i> <b>31</b>		
		<i>Class 25</i> <b>22</b>	<i>Class 7</i> <b>32</b>	<i>Class 7</i> <b>42</b>	<i>Class 26</i> <b>52</b>
		<i>Class 9</i> <b>23</b>	<i>Class 21</i> <b>33</b>	<i>Class 6</i> <b>43</b>	<i>Class 7</i> <b>53</b>
<i>Class 2</i> <b>4</b>		<i>Class 24</i> <b>24</b>	<i>Class 9</i> <b>34</b>		<i>Class 8</i> <b>54</b>
<i>Class 15</i> <b>5</b>			<i>Class 15</i> <b>35</b>		<i>Class 9</i> <b>55</b>
<i>Class 15</i> <b>6</b>	<i>Class 10</i> <b>16</b>	<i>Class 12</i> <b>26</b>		<i>Class 24</i> <b>46</b>	
<i>Class 3</i> <b>7</b>			<i>Class 8</i> <b>37</b>		
<i>Class 2</i> <b>8</b>					
<i>Class 2</i> <b>9</b>	<i>Class 22</i> <b>19</b>				
<i>Class 17</i> <b>10</b>	<i>Class 9</i> <b>20</b>	<i>Class 8</i> <b>30</b>	<i>Class 13</i> <b>40</b>		<i>Class 25</i> <b>60</b>

	<i>Class 14</i> <b>71</b>	<i>Class 18</i> <b>81</b>	<i>Class 20</i> <b>91</b>
<i>Class 6</i> <b>62</b>	<i>Class 2</i> <b>72</b>	<i>Class 18</i> <b>82</b>	
<i>Class 2</i> <b>63</b>	<i>Class 20</i> <b>73</b>	<i>Class 18</i> <b>83</b>	<i>Class 12</i> <b>93</b>
<i>Class 8</i> <b>64</b>	<i>Class 26</i> <b>74</b>	<i>Class 18</i> <b>84</b>	<i>Class 24</i> <b>94</b>
<i>Class 13</i> <b>65</b>	<i>Class 3</i> <b>75</b>	<i>Class 10</i> <b>85</b>	
<i>Class 19</i> <b>66</b>	<i>Class 5</i> <b>76</b>		<i>Class 14</i> <b>96</b>
<i>Class 19</i> <b>67</b>	<i>Class 5</i> <b>77</b>	<i>Class 10</i> <b>87</b>	
		<i>Class 8</i> <b>88</b>	<i>Class 20</i> <b>98</b>
<i>Class 6</i> <b>69</b>	<i>Class 14</i> <b>79</b>	<i>Class 12</i> <b>89</b>	<i>Class 20</i> <b>99</b>
<i>Class 20</i> <b>70</b>	<i>Class 5</i> <b>80</b>		<i>Class 6</i> <b>100</b>

<i>Class 14</i> <b>101</b>			<i>Class 10</i> <b>131</b>		
<i>Class 9</i> <b>103</b>				<i>Class 3</i> <b>143</b>	
<i>Class 20</i> <b>104</b>					
<i>Class 14</i> <b>105</b>	<i>Class 3</i> <b>115</b>				<i>Class 28</i> <b>155</b>
	<i>Class 3</i> <b>117</b>				
	<i>Class 28</i> <b>118</b>				
	<i>Class 4</i> <b>119</b>				
				<i>Class 22</i> <b>150</b>	

<i>Class 17</i> <b>161</b>	<i>Class 17</i> <b>171</b>		
			<i>Class 29</i> <b>193</b>
	<i>Class 28</i> <b>174</b>		<i>Class 17</i> <b>194</b>
	<i>Class 19</i> <b>176</b>		<i>Class 29</i> <b>196</b>
<i>Class 21</i> <b>167</b>		<i>Class 27</i> <b>187</b>	
<i>Class 13</i> <b>168</b>	<i>Class 26</i> <b>178</b>		
		<i>Class 29</i> <b>189</b>	
<i>Class 29</i> <b>170</b>		<i>Class 27</i> <b>190</b>	